Asquith Boys High School Community Newsletter



# BACKCHAT

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# PASS Alpine Excursion



#### Day 1

Everybody arrived at 7:30 to pack the bus and say goodbye for the week. Our bus driver Woolly departed at 7:45 for the first leg of our 8 hour long journey. Most people seemed keen to get to the snow but others were struggling to keep their eyes open. Our first stop was at Goulburn for some Maccas. We then travelled for half an hour to Woolworths to stock up on cabin food before driving the rest of the way to the Southern Cross Inn at Berridale. Bags were taken to cabins, boots were fitted and clothes were given out. After that a great dinner was served and we got a briefing of the nights plans and the plan for the morning. Everyone headed back to the cabins to get a good night's rest.

#### Day 2

We were woken in the morning by Mr Corbitt's shouting and pounding on our doors at 5:00am. With many groans and complaints people got ready for the day ahead. Breakfast was great and we were on the hour long bus trip to the snow in no time. When the gear had been unloaded and carried out of the bus to the snow everybody was excited to start. First we had a two hour long lesson at Blue Cow with everybody split into different groups of snowboarders and skiers. The teachers also joined our lessons every day which gave them an insight into our skiing/snowboarding ability and development over the course of the three days. The lessons were great and all of the instructors were very nice. After lessons was roll call then free time. This was the favourite part of the day for everyone as we all broke up into our buddy groups of 4 or more people and went out to hit the slopes...literally. For the first day the people that had never been on a

snowboard or skis before were falling over left, right and centre. It was great fun though and everybody was at the same level except for a few. The day was spent exploring the hill until it was time to head back at 4pm. Everyone had showers then headed for dinner followed by a time of trivia; it was pretty fun! Then we all headed off to bed.

#### Day 3

Once again we were woken at five to get ready and have breakfast then head off to the slopes. Lessons were more helpful this time now that most of us had picked up the basics. It definitely showed when we all had free time, people were falling much less and seemed to be having lots more fun; a few of us even went to find some jumps. At the first roll call in the day the teachers decided it would be good to go to Perisher for some more exploring. It was great down there; nice and sunny and more places to explore. We then headed back to the bus and went back to the cabins. It was dinnertime which was great but then it was Karaoke time which was one of the funniest things I have seen. Mr Moscos got the ball rolling which was then instantly dropped when someone sang along to One Direction. Some classics were played like "I'm Gonna Be (500 miles)", with Jonathan Whittaker singing more than once and putting lots of effort in.

#### Day 4

At the crack of dawn we were woken up by the sound of nagging teachers droning voices. After a quick breakie we hit the road and headed off. We hit the ski tube and headed up to Blue Cow for our lessons. With not so great conditions for visibility, but perfect for fresh snow skiing, we had a quick 2 hour lesson and then headed back down to Perisher front valley. With conditions being on and off we had a great day of fresh snow skiing. We finished the day with a group ski, absolutely dominating the mountain, and were ambushed by the teachers which turned into a huge snowball fight. It finished off three great days of skiing. It was a quiet night, just a clean and pack up of the rooms and a big wind down.

#### Day 5

This morning was a bit more pleasant with only a 6.30 wake up. We packed our bags, had breakfast and set off for our long journey home. With only the one stop in Goulburn for lunch we finally turned down Citrus Ave at 2:55 to our adoring parents.

A huge thanks to all the staff at Southern Cross Motor Inn and an even bigger thanks to all the teachers and parents that help this go ahead.

by Graham Pinnock & William van Egmond-Jones



PS: Naturally after the carefully planned ambush on the students, the teachers went on to smash them in the annual snowball battle!!!

## PRINCIPAL'S MESSAGE

#### Year 12

Year 12 students have completed their Trial HSC exams and now only have a few weeks left of school life. I have urged the boys to make the most of their remaining time at Asquith Boys High and give the HSC exams their very best effort. Whether the boys go to university, TAFE or employment, they are facing an increasingly uncertain world of work, where many jobs are disappearing in traditional industries, but new opportunities for employment are also emerging. I have encouraged the boys to "think global" about future careers and the likely scenario that they may need to retrain for new jobs several times in their working life. I believe that Asquith boys are generally very adaptable and resilient and recent exit surveys of departing Year 12s indicate that they are very employable. However, all students and parents need to understand that a sound HSC will give them a world recognised formal academic credential that they can utilise for the rest of their life.

#### **Charity Concert**

After a one year break, the Jazz Festival concert was revived on Saturday August 18<sup>th</sup> in aid of Asquith Boys' traditional cause, the Royal Flying Doctor Service. The ABHS Stage Band, along with our guests, Asquith Primary School and Thornleigh West Primary School, shared the stage with John Morrison's SwingCity band and guest vocalist Emma Pask, for a stunning night of high quality musical performances. My thanks to all students, parents, teachers and community members who supported this outstanding event. Congratulations to the event co-ordinator, Head Teacher CAPA Ms Cathy Holder, for her superlative organisation. A full report and photos will feature in the next edition.

Our Stage Band this year has reached new heights in their public performances. Recently they were awarded a Silver Medal in the Yamaha Eisteddfod and won their category in the Ryde Eisteddfod. Congratulations to all band members and bandmaster Mr Iain Howick.

#### **Snow Trip**

Our Year 9 and 10 PASS students recently returned from the annual snow excursion. The boys had a fantastic experience and their behaviour was exemplary. In fact, the manager of their motel, the Southern Cross sent us a message "Asquith has always been one of our favoured schools, but this year they have taken the "Gold Medal". Congratulations to all the boys and staff for a successful excursion and especially chief co-ordinator, Mr Guy Corbitt. As you are aware this year we decided to abandon the traditional Big Week Out format of condensing a range of extra–curricula activities (including the snow trip) into one designated week.

We have retained most of the former Big Week Out activities, but have spread them out over the school calendar. We will be evaluating this approach soon and then making a decision about next year's sequence of events, including the timing and participants of the snow trip. I would welcome any comments or suggestions from parents about 2013 arrangements.

#### **Japanese Students Visit**

For the second consecutive year Asquith Boys' have hosted students from the Nanzan School in Nagoya, Japan, for a two week visit. The Japanese students were billeted in our community and participated in a range of activities while also receiving English lessons. It was great to see strong links and friendships develop between the visiting students and our boys. The visit was a great success thanks to our participating families and Asquith Boys language teacher, Ms Jody Lorrae. We are currently planning an excursion to Japan in 2013.

#### P & C

The ABHS P & C have two very important events in the next few weeks. The second Working Bee will be held on Sunday 26<sup>th</sup> August, from 10am to 4pm. If you could spare a few hours to support this event it would be greatly appreciated. Our school grounds this year are in excellent condition and we would all like this situation to be maintained.

The P & C Community Day will take place on Sunday 9<sup>th</sup> September. This is an all day affair with many scheduled musical performances, soccer matches, stalls and different types of food available. Please contact the school if you can help with organising this event, or just turn up on the day and enjoy all the activities.

Terry Griffiths, Principal

## **ACADEMIC AWARDS ASSEMBLY**

## RECOGNIZING OUTSTANDING & EXCELLENT REPORTS & MR COLLINS' FAREWELL ASSEMBLY







































Families celebrating with their boys at morning tea after the Assembly & Mr Collins with the School Leaders



























#### SCIENCE FLYING HIGH

#### **University of NSW Science Competition**

Forty boys contested the annual UNSW Science Competition in June. All age groups were 2% to 3% above state average which is an exceptional result. ABHS achieved 7 Distinctions and 13 Credits which is the strongest result for our school in many years.

The Science Competition tests students' abilities to interpret scientific data, think laterally to solve complex problems and apply scientific thinking to everyday events. Many of our boys are demonstrating above average ability to solve scientific problems.

The following boys achieved a distinction in the UNSW Science Competition:

Andrew Morrison
Nicholas Berryman
Zachary Duretto
John Martin
Luke Alexander
Brandon Lukich – Yang
Thomas Vanderlaan

All boys who achieved a distinction will receive their certificates at the next formal assembly



#### Mr S Robertson, Head Teacher Science

### THE CLI-MATES

Our school was invited this year to participate in the Department of Education's **Climate Clever Energy Savers program (CCES)**, a \$5 million program for primary and secondary schools. The purpose of CCES is to support professional learning and student-directed energy saving and greenhouse gas reduction projects in NSW government schools.

Year 8 were challenged to identify a sustainability issue in the school and develop a creative and practical proposal for action that will save energy and reduce greenhouse gases. Throughout the project they learnt about issues of sustainability across HSIE, Maths and Science with Ms Woolley, Mr French and Mr Yates. We then proposed a plan to be forwarded for evaluation and funding.

A team of delegates from each "Cli-mates" class reviewed all options to reduce energy use:

- Sky lights expensive and inflexible
- Timers or sensors on classroom lights and water heaters the biggest energy users
- A Wind turbine expensive and impractical
- Solar hot water minimal hot water used in the school
- Energy saving T5 fluorescent tubes easy to replace
- Education and awareness programs such as stickers and posters cheap to make
- Offsetting emissions

Considering our resources and constraints, we decided the best actions to reduce energy consumption in our school were to install timers on lights and over time replace the fluorescent tubes with energy efficient T5 ones. Mr Mc Cubbin's "Toolbox" group are to plant 100 trees donated by Hornsby Council which will offset about 2 or 3 tonnes of our carbon dioxide emissions each year.

Through *Backchat*, the school Sentral system and posters, we will keep you all aware of our progress.



Isaac Orr-Green and Jarrod Griffith

#### VISIT BY MATT KEAN

Two weeks ago, our Local State Member for Hornsby, Matt Kean came to our Morning Assembly and presented our 2012 Touring Squad to Turkey and Greece with a State Certificate of Representation. This highlighted the excellent performances of the boys both on and off the field. Mr. Kean spoke enthusiastically about the result - a 3-1 victory of the Asquith players over Gelibolu (Gallipoli) Representatives - the first by an Australian School since World War One. Well done, Asquith!

The State and indeed the Country is proud of you.



#### OUR 2011 ANNUAL SCHOOL REPORT is now available on the school website



## **ABHS STAGE BAND**

## RYDE EISTEDDFOD...GOLD!



On Monday 6 August, the band was transported to Ryde Civic Centre for their first ever official eisteddfod. In the lead up, they were sounding great but the organizational nightmare and knowledge that Sam would be on Trial exams and Keegan would be skiing were a concern.

To their credit, Iain and the boys decided to put their best shot in and we are all proud to say...

#### WE WON OUR SECTION!!!

Feedback from the organisers of the Eisteddfod was fantastic even before the boys went on. They were repeatedly complimented on their behavior and maturity in waiting patiently and quietly for their performance opportunity.

When it came to the performance itself, the boys played dynamically and well, performance which providing a overshadowed their competitors' and which the judges genuinely enjoyed. They complimented the rhythm section the baritone and saxophone performance as well as the trumpet soloist. Their notes reported a great ending from the whole band and a total of 82 points. In feedback being given, our boys were held up as an example to the other bands.

This is a testimony to the dedication of the boys and lain this year. The band is strong and more together than they have ever been.

Congratulations to you all, we are so proud!





## Boys in Band Take Centre Stage

On Monday 6<sup>th</sup> August the boys in the Asquith Boys High School Stage band led by band director Iain Howick and music teacher Mr Williamson travelled to Ryde to compete in the annual Ryde Eisteddfod for the first time. Having entered the annual Yamaha Festival at the beginning of June and coming away with an award, the boys had some experience in performing in competition. After the normal Monday morning rehearsal in the school's music classroom, the boys gathered the gear and at 0900 left for Ryde on a hired bus

Arriving in Ryde about half an hour later the boys all got off the bus and walked to the location of the eisteddfod in the Ryde Civic Hall. The band waited outside while Iain went in and announced our arrival. He came out and the band gathered for information. Unfortunately there was a big wait before our time to perform so it was decided that we would be escorted to the shopping centre on the other side of the road and let loose in the food court. The band quietly dropped off their gear in the hall and were commended on the control they showed by the staff. When free of the equipment the boys were led to the food court and were rewarded with a relaxing break and for those who had the cash, food. All good things must come to an end and all too soon the boys were dragged away from the food court and led back to the Civic Hall.

Arriving with a little bit of time before the performance the boys collected their instruments and walked over to an open grass area next to the hall for a warm up. After a small amount of playing from memory the band filed back inside and sat down to watch some of their competition. The section in which our boys would be competing had eight entrants and the stage band was last. There would be a highly commended certificate and then third, second and first place trophies with each trophy larger than the last. The boys got to see a couple of their competitors perform before it was their turn and the band walked up onto the stage to show the competition what they had. The boys adjusted the seats and stands to suit them and then waited for the adjudicator to ring the bell to indicate that we could start. When the band got their cue Iain counted the boys in and the hall was filled with the sound of Steep and Deep, the first of two charts the band was to be performing. The boys played through the whole chart without any major errors and as soon as the adjudicator rang her bell again lain counted in the next chart, Cantaloupe Island. The boys descended from the stage after a commendable performance and sat back down to wait for the verdict of the adjudicator. A short time later the adjudicator stepped forth and spoke to all of the performers commending them on their playing and giving a few tips, the main one being that the bands must pay more attention to their articulation and accents. It was then time to announce the place getters and it was done in reverse order so when all but first place had been announced many of the boys from Asquith were disappointed but then it was announced. Asquith Boys High School had won with a score of 82/100! Year 11 Baritone Saxophone player Mick walked up to collect the trophy and after some photos returned to the band who all held the trophy in triumph. After this success the boys were ecstatic and quickly packed up all of their gear before moving outside.

The band was then told that the bus wouldn't be arriving until 1300 so they had an hour to kill. At this everyone took the gear back inside and walked once again to the food court, this time victorious. Here everyone sat down and everyone was congratulated with Iain buying a box of doughnuts for the boys. The next forty-five minutes passed quickly and all too soon it was time to return to catch the bus back to school. The band returned to where they had been dropped off and the bus was soon on its way back to

Asquith. The band entered the school triumphantly and was immediately greeted and congratulated by Creative and Performing Arts head teacher Ms Holder. After a couple of photos the boys passed the last ten minutes before lunch and then dispersed for the rest of the school day having performed brilliantly and come away with a first place trophy.

I would like to congratulate the boys in the band for a brilliant performance and commend them for their excellent behaviour. I would also like to thank Mr Williamson and Ms Holder on behalf of the band for all of the work they put in but most of all we would like to thank our director lain



Howick for the huge effort he has put into the band over the last years to bring us so far and also for all of the work he put into this day. Congratulations ABHS Stage Band for your first place in the Ryde Eisteddfod! By Harry Gibbons, Lead Saxophone ABHS Stage Band

# ARTSNORTH SECONDARY MUSIC FESTIVAL



On Wednesday 1 August twenty five of our boys performed in the Sydney Town Hall as part of ArtsNorth which is a music festival for government schools in the Sydney North Region. 7E Gifted and Talented class along with Year 11 Music students practiced the repertoire for most of Semester 1. Approximately 400 students attended a cluster rehearsal held at Chatswood High School two weeks prior to the concert.

The Sydney Town Hall has a majestic acoustic environment for vocal and instrumental music. Also featured was the awesome sound of the Grand Organ in the Karl Jenkins 'Gloria'. Scores were allowed for this work due to the difficulty of the parts coupled with the fact that it was written entirely in Latin. The rest of the program was performed from memory.

Our boys performed to a very high standard, conducted themselves in an exemplary manner and were great ambassadors for Asquith Boys High School. The program featured items of large and small ensembles, combined festival orchestras and massed choir, and our own Jackson Besley and Will O'Donohue performing an individual item – Ed Sheeran's poignant 'Small Bump' which was exceptionally well received. Sam Gibbons was one of the MC's at the event and did a wonderful job.

A great big thank you to our wonderful boys who performed in a professional manner to a large enthusiastic audience, a diverse range of material - from classical, gospel, to contemporary Australian and pop. Also a big warm thank you to the many parents who supported and attended the festival.

It was truly a magic night of creativity and extraordinary music. ABHS has been a proud participant in this creative endeavour consecutively for the last 10 years. Opportunities like ArtsNorth provide skills, confidence, enhanced self-esteem and a wonderful support for any activities the boys undertake in the school curriculum and beyond.

Well done! Bravo!

Michael Williamson, CAPA Teacher





#### MR COLLINS' RETIREMENT DINNER





On the evening of Wednesday 18<sup>th</sup> July, current & past staff, several parents, family and friends celebrated the retirement of Mr Bruce Collins, Deputy of Asquith Boys High School for 12 years.

Musical entertainment was provided by the Stage Band and Will O'Donohue & Jackson Besley whilst the guests dined.











Thank you Mr Collins and enjoy your retirement.

## **GIFTED AND TALENTED STUDENTS**

#### Waitara Public School Science Visit

Thirty Gifted and Talented students from Waitara PS Year 5 Opportunity Class visited ABHS for a Science Experience afternoon. The visit was a great success with the students getting an opportunity to experience a lab environment and using scientific equipment not available in a primary school. The students' focus was chemistry and a number of engaging experiments were performed. These included testing for pH, using flame tests to identify metals as well as reacting magnesium in acid to produce a small hydrogen explosion or pop test.

Year 5 Teacher, Ms Jenny Naylor, has identified Science as an area of the curriculum that is difficult to teach effectively in primary schools as there is a lack of lab facilities, equipment and chemicals that can be used in the primary school environment. ABHS is proud to support our local community schools in enhancing their educational experiences for their students.

Waitara PS will have 2 more visits concentrating on Physics and Biology over the coming month. We hope to expand this program to other primary schools in the area over the coming year.

#### **Debating**

The school debating team had a fantastic win against Asquith Girls last week. The boys have shown great improvement over the course of the debating season. The adjudicator of the Year 7, 8, 9 and 10 debates was particularly impressed with the improvement our boys had shown in structuring their argument, providing detailed evidence to support their main ideas and drawing on increasingly sophisticated language in their rebuttals. Topics debated included **that contact sport should be banned** and **that smart phones should be banned for people under 18**.

Although the debating season has concluded, a Speaker's Club has been organised to encourage our GATS boys to really extend their skills in debating and prepare for a (hopefully) highly successful season in 2013. More details are available to the boys from Ms Schadel and Ms Chapman in the English staffroom.

Mr S. Robertson, Gifted & Talented Co-ordinator

## **ESL REPORT**



## The Dragon Boat Festival

At Asquith Boys High School, there are many students of Asian descent. There are many celebrations that occur throughout the Chinese calendar year. One of these is the Dragon boat Festival. The Dragon Boat Festival traditionally happens on the fifth day of the fifth month in the Chinese Lunar Calender (23<sup>rd</sup> June 2012). This year, approximately 20 students from Years 7-12 celebrated this event with a luncheon hosted by Ms Evans (ESL teacher), Ms Lee (ESL teacher) and Mr Robertson (International Student Co-ordinator).

Below is a brief explanation of the story of the festival:

The story behind the Chinese festival goes back hundreds of years. There was a poet named Qu Yuan, who was very angry with the behaviour of the Chinese government at the time. In protest, Qu Yuan threw himself into the Mi Lo River. The local fisherman were so moved by his action that they raced in their boats to recover his body. They beat the water with their paddles to scare the fish away from his body. People threw rice dumplings wrapped in silk into the river, to help protect the poet's spirits to go to heaven.



It soon became a tradition to remember the event with boat races.

Boats were often designed to look like dragons, to please the spirits of the waters.

Nowadays dragon boat races are held in many countries, including Australia. They are noisy and colourful occasions. Teams compete for a place in international races, which are held in Hong Kong and Singapore in June.

## RAMADAN

There are nine students who are Muslim at Asquith Boys High School who are involved in an annual activity called Ramadan.

Ramadan is the ninth month of the Islamic lunar calendar. Every day during this month, Muslims around the world spend the daylight hours in a complete fast. It goes for approximately thirty days each year. Muslims fast for the entire month of Ramadan. This means that they may eat or drink nothing, including water, while the sun shines. Fasting is one of the Five Pillars (duties) of Islam. As with other Islamic duties, all able Muslims take part in this from the age of twelve. Muslims are called upon to use this month to reevaluate their lives. In 2012 Ramadan started on 20<sup>th</sup> July.

Fasting serves many purposes. While they are hungry and thirsty, Muslims are reminded of the suffering of the poor. Fasting is also an opportunity to practice self-control and to cleanse the body and mind. And in

this most sacred month, fasting helps Muslims feel the peace that comes from spiritual devotion as well as kinship with fellow believers.

Ramadan ends with the festival of Eid al-Fitr which means the "Festival of Breaking the Fast". It is one of the two most important Islamic celebrations. At Eid al-Fitr people dress in their finest clothes, adorn their homes with lights and decorations, give treats to children, and enjoy visits with friends and family.



#### VISIT BY NANZAN BOYS HIGH SCHOOL, NAGOYA, JAPAN

JULY 23 - AUGUST 8

What a busy yet fun filled two and a half weeks it's been for both Asquith Boys and our visiting students from Nanzan Boys High in Japan. Each year a different group of boys from Nanzan visit Sydney to practise and consolidate their English Language Skills, where they are split between the three schools of Asquith, Shore and Cranbook. They spend their time with a host family and also attend English lessons and participate in field trips during their stay. The boys were able to take part in some awesome activities during their free time with their host families, from exploring their local area, to visiting wildlife parks, going to Manly on the ferry, surfing at the beach, going shopping and playing ten pin bowling. However there were two main highlights of the trip, the first was the amazing and informative bushwalk organised by Ms Lorrae at Walkabout Wildlife Park at Calga and the second was an afternoon/evening trip into Sydney.

#### **Walkabout Park**

The weather could not have been better for our bushwalk, blue skies and no rain. When we arrived we met with our bush guide Jake Cassar. He gave an amazingly informative talk about the park and about survival skills in the Australian bush. We even learnt how to make a fire using two sticks and Ms Lorrae's shoelace. Then the group went for a walk into the bush, trying a variety of different bush tucker (my favourite was the deliciously sweet nectar from the Banksia), climbing into caves and learning all about aboriginal animal carvings, followed by some aboriginal face-painting. After the bushwalk we all wandered around the park checking out all the animals. The boys really enjoyed patting the kangaroos. A big thank you to Ms Lorrae and Jake Cassar for a wonderful day.

#### **Sydney Trip**

During the day, the Japanese boys had walked across the Harbour Bridge and toured The Opera House. They were then met by a former Japanese Prac Student of ABHS, Douglas Radcliff, who was their tour guide for the next part of their adventures. They leisurely traversed much of the city participating in a street dance, communicating with Japanese students from city schools, through Chinatown with all its stalls, Ms Lorrae met them at this point, souvenir shopping at Paddy's Markets, ordering their own steak and chips/vegies and drink for dinner, then an underground shortcut to Sydney Tower which was a perfect finish for the night. The boys were ecstatic with photos galore.



All in all it was a huge cultural experience for all involved. The Japanese boys were able to experience various cultural differences, like food that they had never seen before. Pavlova, lamingtons, sausage sandwiches and malteasers were all a huge hit, 'vegemite' not so much.

A huge big thank you to all the host families for all their care, hard work and effort in making the boys stay a memorable experience.

Also a big thank you to Mr Griffiths and all the staff for supporting the trip and being so welcoming to the Japanese boys.

#### Amy Robinson, Language Teacher





## STREET ART TOILETS @ ABHS

Last term our School Captain Max Sharkey and our Art Teacher Miss Ryan were at a P&C Working Bee Day and had an idea to clean up and repaint our toilets with a Street Art Theme. Max took the idea to our Principal Mr Griffiths who thought it was great. Other people also thought it was great and we received some generous donations from students' parents and from our school environment committee to buy materials.

Every student in our school was invited to submit designs and to volunteer to be on the paint committee. Miss Ryan chose a core group of us to manage the project. We finalised the designs and some of us went with her to Newtown to buy paint supplies from a professional Street Art Shop. Miss also bought us masks and lent us her aprons.

The core group spent the last week of term in the toilets spraypainting all the walls and doors with mermaids, fish, sharks, octopus and many more underwater creatures. Miss Ryan arranged a local professional 'Graffiti Artist' to come in on the first day to help us get started. During the week around 40 more boys were involved in the preparing, painting and cleaning. It was a really fun project. We made it a real artmaking environment. We played music and helped each other paint and taught each other some new skills and worked really well as a team. The end result is great and we hope will encourage boys to not do graffiti as vandalism but to start doing more artistic work.

The project is a huge success and the whole team would like to thank the parents and environment committee, Max and Miss Ryan and most of all Mr Griffiths for letting us do this.

Hopefully we can do heaps more.



































You are invited to attend an exhibition of works by:

Asquith Boys High School Visual Arts Students

Official opening and presentation of Creative Arts Awards Thursday 30 August 2012 at 7.30pm

Exhibition dates: Friday 31 August and Saturday 1 September

Gallery hours: Thursday 7pm - 9pm Friday 3pm - 5pm Saturday 10am - 1pm

Asquith Boys High School - Jersey Street, ASQUITH NSW 2077 - 9477 3508









## WHAT'S HAPPENING IN TAS



Terms 2 and 3 (so far) have seen lots of action in the TAS area. At the beginning of term 2 we introduced a **Textiles** unit for **Year 8**. The first class to complete this course had chosen to create cushions. The students developed a design for their cushion; either an iron on transfer or fabric design. After completing the design, they sewed their cushion covers.

Thank you to the wonderful P&C for supporting this effort with the purchase of seven new sewing machines.

Sam Bird was first to complete his cushion with a 'State of Origin' theme.

Year 10 Food Technology completed a unit called 'Food For Special Occasions'. Part of their assessment task was to design and decorate a party cake. The students came up with some wonderful and creative ideas and the results were excellent! Thank you to Mrs Lawrie for giving up her time and cake decorating expertise.





































## **Year 10 Catering for Success**

At the beginning of term 3, Year 10 catered for the Training and Apprenticeship Expo at Waitara PCYC.

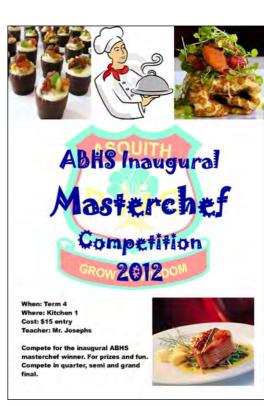
We spent days before the event cooking in class time and the day of the event 10 students gave up their time to cook and prepare food for the best part of the day. There was a selection of hot and cold savoury finger food followed by choc cheesecake brownies (cooked by Year 11, thanks!) and orange Weetbix slice.

A special mention must go to Ben, Matt, Josh, Buddy and Miles for giving up their evening to reheat and serve the food. They were excellent ambassadors for ABHS and we have received excellent feedback from stall holders on the night.

I am very proud of you all! Great job!

Mrs Bird, TAS Teacher





#### THE WORD FROM ENGLISH

Firstly, I'd like to offer big congratulations to the majority of our Year 12 boys who have demonstrated a significant improvement in their results in their Trial HSC when compared to their results in the Half Yearly Exams. For Year 12 the next significant challenge is consolidating their knowledge through a structured study program and the writing and rewriting of plenty of draft essays.

#### What's happening around the classes?

<u>Year 7</u> are currently engaged in a film study based around the mythology of dragons. They will use their knowledge of cultural assumptions to complete an essay task on how film techniques create meaning about the mythology of dragons.

Year 8 are enjoying the challenges of analysing Shakespeare's *Macbeth* and building an understanding of why Macbeth still matters in our world today, in preparation for a speech task at the end of the term.

Year 9 are exploring the world of the verse novel and examining how poetic techniques convey important themes. They will draw on class discussions and learning activities to write a beautifully polished essay on the messages created through the verse novels of Steven Herrick.

<u>Year 10</u> are challenging their preconceptions about mateship, collective responsibility and the need for the courage to oppose 'pack mentality' through the close study of Nick Enright's play *A Property of the Clan.* They will present their ideas about the enduring relevance of these issues in a speech assessment task.

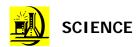
Year 11 English Studies are reconnoitring the pitfalls of the digital world, Standard English are analysing *The Truman Show* and Pablo Picasso's *Guernica*, Advanced English are studying variant representations of The American Dream and Extension English are unlocking the truths of utopian and dystopian ideologies in texts.

**Year 12** are completing their course work, reflecting on their Trial HSC and undertaking a rigorous program of revision in preparation for their HSC exams.

All classes have been issued with Assessment Tasks and we encourage our boys to get started on these as soon as possible.

Remember the old analogy A good education is like a savings account. The more you put into it, the richer you are.

Ms J. Schadel Head Teacher English



#### Year 12

All Year 12 boys have just finished their Science HSC Trial Exams. Some very strong results in Biology, Physics and Chemistry has shown the great commitment from some of our students but this intensity needs to continue until the end of the HSC exams in November.

#### **Physics Kickstart**

Mr Robertson's HSC Physics class participated in practical sessions at the School of Physics, University of Sydney during July. These sessions included many hands-on activities that could not be performed at school and provided the boys with an in-depth understanding of some of the more difficult concepts covered in the Physics course.

#### **Surfing Scientist Presentations**

Ruben Meerman is an ABC TV science presenter who is coming to ABHS in September to present 2 shows to various year groups. Year 8 and 10 will see his very engaging Surfing Scientist show while Year 8 and 9 will see his Weather and Climate Change show. Both these shows involve exciting demonstrations including liquid nitrogen. Ruben presented at ABHS last year and had the students totally engaged for over an hour. We hope as many boys as possible can come and experience Ruben's enthusiasm for science in the real world. Each show costs \$7 and numbers are limited so please get your son's money and permission note back ASAP.

#### **Community Day Science Fair**

The Science Faculty is running a Science Fair during Community Day in September. Students are asked to work on a Science project and present it on a poster that will be judged on Community Day.

There are \$100's of dollars of prizes for the most interesting and highest quality presentations. We encourage all students to enter.

#### Wollongong Excursion

The annual Wollongong Steelworks and Science Centre Excursion will be run in Term 4 this year. It will take place on Tuesday 16<sup>th</sup> October and the boys will visit the Bluescope Steel site at Port Kembla as well as the Wollongong Science Centre. Morning tea and a BBQ lunch is provided. I encourage all Year 9 students to bring their money and permission slips back ASAP so we can get numbers for catering purposes. The cost of the trip is \$55 and includes all entry fees, buses and food.

*Mr S. Robertson Head Teacher Science* 

#### **Greetings from HSIE!**

HSIE continues to aid in the development of skills. Our theme for this year should have been "Build the Past" as our staffroom was swamped by Pyramids, Trebuchets and Sarcophagai and yes...we even had our own Trojan Horse!

It is great to see the works being displayed as this is positive reinforcement of the work done.

Again, this is great because we are reliving HISTORY and GEOGRAPHY.

#### **Our Ancient and Medieval Day**



with the incomparable James Adams went off without a hitch and the boys delighted in the recreations, displays and personal involvement that James brings each year to History.

Our Local Geography Excursion is coming up in Term 4 for Year10 and the Annual Walkathon is a great way for our students to experience the local landscapes as well as the flora and fauna within it.

Year 12 Trial HSC Examinations have been completed and marking is at present underway. I have been impressed by those students who have improved but for some there is still a way to go ...and time to achieve it. Some of our students feel that a mark of above 50% is still relevant but we will be working hard to change that misconception. Our staff have set aside their own times at lunch and before and after school to help the students improve their marks and I applaud them for their efforts. Boys, make good use of this time – it is given freely because we want to see you improve.

**Year 11** are completing their Personal Projects in most subjects at this time. In Ancient History, some very interesting topics have been chosen and researched and I am looking forward to their presentations.

**Year 10** are still completing the Mandatory Courses, even though there is no School Certificate Examination and the Record of School Achievement (ROSA) is high on the Priority List.

Examinations that are vital to this are coming up in late term 4.

Our Elective and Junior classes are hard at it and more positive efforts are been seen.

Good Luck for the remainder of term 3, boys!

Mr G. Moscos Head Teacher HSIE

## MATHS

Congratulations to students from Year 7 to 11 who took part in the **Australian Mathematics Competition** (AMC) on 2<sup>nd</sup> August. The competition is run by the Australian Mathematics Trust (University of Canberra).

Asquith Boys High Students using their wits and knowledge competed against other students from their year in the country. The competition questions are designed to test and promote students' problem solving skills.

Here is what one of the Year 9 students had to say about the competition "The competition tested all of our skills and was challenging for all students. The test contained challenging problem solving questions, the teachers encouraged us to try our best and the participation of the students was great to see. All students were relying on their ability to solve problems to be able to complete the quiz".

The HSC trials that started on 30 July will end on 13 August. HSC trials provide students with a good opportunity to test and refine their exam techniques. It is good to see the hard work and effort the students are putting in. Teachers will be busy marking HSC trials papers and results will be available in few days.

The Mathematics faculty was well sought after on the Parent Teacher night; it was good to see so many parents turn up and receive clarifications on a number of issues pertaining to their children's education.

#### **MATHS MAGIC:**

**Sandwich Number -** A four digit number such as 3155 is called a sandwich number; because when you multiply the first digit by the last digit, the result is the two digit number in the middle:  $3 \times 5 = 15$ . Can you list all the sandwich numbers that begin with 4?

Answer from last Issue:
One possible answer of many is 123 -4 -5 -6 - 7 + 8 - 9 = 100!!!

#### **Numeric Palindrome -**

#### **Numeric Palindrome with 1's**

1 x 1 = 1 11 x 11 = 121 111 x 111 = 12321 1111 x 1111 = 1234321 11111 x 11111 = 123454321 11111 x 11111 = 12345654321 111111 x 1111111 = 1234567654321 11111111 x 11111111 = 123456787654321 111111111 x 111111111 =

12345678987654321



## SPORT Under 13's Soccer lose out in Grand Final

U/13's Soccer lost out against Epping in the Grand Final after having had a terrific season. On a warm day on a difficult pitch they came up against a well organised side who passed the ball well. On another day it could have been a different story but the boys did their best and played the game in a good spirit. Well done to all the players and good luck in the summer grade sport competition

Mr M. Blackwood

Ms B Sharma Maths Teacher

#### **CAREERS**

#### Recent Highlights

It was pleasing to see so many students from ABHS attend the Apprenticeship and Traineeship Expo on Wednesday 25<sup>th</sup> July at the PCYC Performing Arts Centre, Waitara to gain advice from many employers groups. ABHS hospitality students and TAS teachers, Karen Bird and Tim Josephs did a superb job in catering for this event.

#### **Coming Events**

#### TAFE Talk

Jenny MacNamee from Hornsby TAFE will be speaking to Year 12 students at ABHS on Friday 17<sup>th</sup> August about courses in 2013, doing degree courses at TAFE and the enrolment process for 2013 courses.

#### **Apprenticeship Talk**

Daniel Cairns from WPC Group will be holding a lunchtime talk on apprenticeships and job seeking skills. This will be held in the library All students are welcome.

A **Year 12 Careers Night** "Focusing on University Options" will be held on *Wednesday 22 August* at Cherrybrook Technology High School from 5.30-9pm. There will be a speaker on Pathways to University, Gaining Scholarships, and a talk on the university applications process through the University Admission Centre. Most universities will be in attendance. Participating schools are Asquith Boys High, Asquith Girls High, Castle Hill High, Epping Boys High, Galston High, Normanhurst Boys High, Oakhill College Pennant Hills. I would urge all ABHS students to attend with their parents.

#### **Open Days at Universities**

Many open days at various universities are held during August and September. I would encourage all students in Years 10-12 to attend some of these to check out courses, get a feel for the Uni environment, meet present students etc. A list is included in this edition of Backchat.



CSU's webpage <a href="https://www.csu.edu.au/for/career-advisers-parents">www.csu.edu.au/for/career-advisers-parents</a> has information for parents and career advisors.

#### **Important Information**

The **UAC Guide 2013** has been issued to Year 12 students. They should also have received their UAC pin in the post as well as a leaflet "Step by Step" outlining the application process. Applications must be made by 28<sup>th</sup> September or if later incur a hefty late fee.

Enrolment for TAFE courses in 2013 has changed- a summary for courses at Northern Sydney Institute is outlined below

#### Enrolment Information for Mainstream courses 2013:

- Northern Sydney Institute courses commencing in Semester One 2013 are scheduled to be advertised on the NSI Website from approximately 16 August.
- Applying and enrolling page of the NSI Website is a 3 step guide to assist students in ensuring they understand how to apply or enrol. This will be updated approximately 16 August
- The majority of Northern Sydney Institute courses will be available for online enrolment. Students will see an 'Enrol Now' button or a 'Register Now' button against the chosen course and location which will allow them to enter their details into Student eServices. 'Enrol Now' means that there is no teacher assessment required where 'Register Now' means that the student will be assessed for suitability. If a student is assessed for suitability and successful in gaining a place, they will be notified by email about how they can accept their place and pay the TAFE NSW Fee, Student Association and any related materials charges online. Students claiming an exemption/concession, or are a temporary visa holder or an apprentice or trainee will not be able to complete their payment online.
- For most courses that have an Information Session, the time, date and location will be displayed on the Course Details page of the NSI Website when updated for 2013 and is an opportunity for potential students to come along and hear about the course and ask questions. Not all courses will display information about suitability gauging such as Interviews, entrance tests etc. until students have registered online and they are sent a registration email from Student Administration detailing what the student has to do next i.e. submit portfolio.

#### Year 10 Work Experience

This will be held in the week from Monday 15<sup>th</sup> October to Friday 19<sup>th</sup> October 2012. All placements should be finalized and the paperwork returned to Mrs Fry.

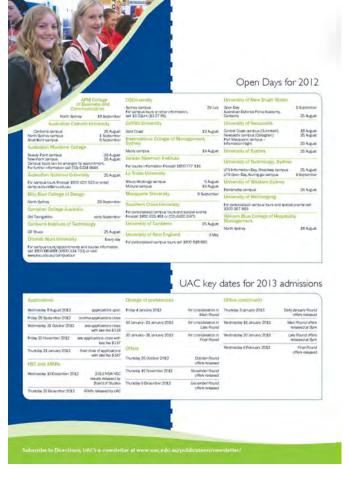
#### **Year 12 Careers Interviews**

All Year 12 students are urged to make an appointment with the Careers adviser to ensure they are planning their career options for 2013.

Mrs J. Fry

Careers Adviser

















# Parents and Citizens working together for our School

#### Hello ABHS community,

Your P&C met for August on Tuesday 7<sup>th</sup>. The meeting started with a tour of the school's Hospitality learning facilities. Over the past few years these facilities have expanded to create a truly great learning environment for our boys. The facilities are first class, commercial level equipment, with the areas of study led by passionate members of staff. This has enabled many of our boys to seek learning and commence career paths, in hospitality areas. Thank you to all associated members of staff and the school's executive for driving the creation of such great facilities.

On to the Arts, and our ABHS Stage Band has achieved a great result with a "Gold Medal" winning performance at the Ryde School's Eisteddfod. The Stage Band provides our musically inclined boys to perform both at school and in community events. This award is great recognition to the many hours of effort by our boys and school staff to ensure that ABHS are represented well in the community.

**Our two key events** this term are now extremely close.

- The school grounds "Working Bee" day is Sunday 26<sup>th</sup> August, so please make some time available to lend a hand to spruce-up the school grounds for the Community Fun Day.
- The Community Fun Day preparations are progressing well, and we are on track for another great ABHS event, Sunday 9<sup>th</sup> September.

Once again thanks to all those who attended the P&C meeting for June, the next one is Tuesday 4<sup>th</sup> September.

Thanks, John Koellner P&C President

Secretary:

**Treasurer:** 

**President:** John Koellner

**Vice Presidents:** Jacqui Taylor **Fiona Wilson** 

**Kim Pinnock Jenny Williams Ground Maintenance: Michelle Roscarel** 

Kim Pinnock, Kerry Limbert, Linda Stanford, **School Council Reps:** 

**Jenny Williams** 

The next P&C meeting 8:00pm **Tuesday 4 September** in the Library. All welcome.

## SUNDAY 26TH AUGUST **WORKING BEE**



Grab some old clothes and dust off your gardening tools, our school needs your help! On Sunday 26th August we are running a working bee to tidy up our gardens and outdoor areas.

We have received a higher than usual amount of rainfall these last months and as a result our school is struggling to keep up with the general outdoor work required to maintain the neat and tidy appearance we all expect.

The major pieces of work will be completed by our school staff but we will need plenty of hands to put the finishing touches on the pathways, garden edges and garden beds.

So if you love trimming, edging, weeding and all round cleanup work, please bring your tools and come along on Sunday 26th August from 10am - 4pm.



## Asquith Boys High School Community Fun Day Sunday 9th September 2012



10am - 4pm organised by: ABHS P&C

The Community Fun Day is returning after the first successful event in 2011.

This year we will support the School Technology Fund and are celebrating with:



fantastic music from the local schools, solo performances and rock bands



sport including some novelty games and culminating in the Blackwood Shield and Moscos Cup



stalls to browse, including a book stall





a variety of delicious food for breakfast and lunch plus tasty treats from the ABHS kitchens











#### VOLUNTEERS NEEDED!!!

Volunteers are needed to ensure the success of the day.

We are desperately short of volunteers to assist on our stalls.

Please send an email to let us know what times you can help. Don't forget your boys can help also!

abhs.communityfunday@gmail.com



Raffle: please contact us via email if you have any donations



#### We need BOOKS!

We are having a Book Stall and need donations. Start collecting unwanted books and magazines that we can sell. Donations can be left at the school office from 1st August onwards. If you need to move them out before then, or are unable to deliver them to the school, please call Jenny on 0432 271546 to arrange collection.

The organising committee can be contacted through a dedicated email address: abhs.communityfunday@gmail.com

#### **ASQUITH BOYS HIGH SCHOOL CALENDAR TERM 3 2012**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Sat/Sun
Week 6B	August 20	August 21	August 22	August 23 Formal Assembly (Winter Grade Sports)	August 24	Aug 25 26 Sunday 26 P&C Working Bee
	Backchat Issued					
Week 7A	August 27	August 28	August 29	August 30	August 31 WALKATHON	Sept 1 2
				ART/TAS/PIP Exhibition		
Week 8B	September 3	September 4	September 5	September 6 Year 11 Exams	September 7 Year 11 Exams	Sept 8 9 <b>P&amp;C</b>
88	Scholarship Applications close	School Council P&C Meeting				Community Day Sunday 9
Week 9A	September 10 Year 11 Exams	September 11 Year 11 Exams	September 12 Year 11 Exams	September 13 Year 11 Exams	September 14 Year 11 Exams	Sept 15 16  DOE  Expeditions Yr9,10&12
Week	September 17	September 18	September 19	September 20	September 21	Sept 22 23
10B	Year 11 VET Placements – all week					
-	DOE Expeditions Yr9,10&12	DOE Expeditions Yr9,10&12	Yr12 Graduation Assembly	Backchat Issued	End of Term 3	





6 August 2012

#### Strapped for cash? Deposit your idea for a chance to win \$15k

Suncorp Bank is challenging young Australians to design their ideal bank account in a competition that will award \$15,000 worth of prize money between 6 August and 19 October 2012

'Blank to Bank' is a three-phase competition encouraging Aussies between the ages of 16 and 24 to design "an account made for you, by you" including the account name, emblem design and Visa Debit card design.

Prize money of \$5,000 will be awarded to the winner of each phase of the competition.

Suncorp Bank Executive Manager Deposits and Transactions Craig Fenwick said Suncorp Bank was delighted to offer innovative young Aussies the opportunity to have their say in the banking products they use every day.

"At Suncorp Barik, we pride ourselves on connecting with customers of all ages and ultimately delivering the products and services that are of value to them," Mr Feriwick said.

"Suncorp Bank's 'Blank to Bank' competition is a fun way for young Australians to get involved and have their say about banking, with some generous prize money up for grabs," he said.

"Banking doesn't have to be boring, and this competition is a fantastic chance to demonstrate just how creative you can be, along with the chance to boost your bank account by \$5,000.

"We can't wait to see the ideas people come up with!"

Find out more and enter the 'Blank to Bank' competition at www.blanktobank.com.au

Competition		Competition dates	Winner announced	
1.	Name the account	6 August to 19 August 2012	24 August 2012	
2.	Design an emblem for the account	27 August to 16 September 2012	24 September 2012	
3.	Develop a Visa Debit card design	24 September to 14 October 2012	18 October 2012	

Read here for more information about <u>Suncorp Bank</u>.
Read here for more information about the <u>Suncorp Bank's Blank to Bank competition</u>.
/ENDS

Media Inquiries: Simone Moyle 07:3835 5560

About Surporp:
Supporp Drough reduces leading general incurance, banking the incurance supprennuation and invastment brands in Augustia and Supporprint Drough the Group has ground 45,000 employees, and relationance with range million customers. It is a Log 25 ASX that is company with over \$25 billion in use as Today Suncerolle Augusta's leafing regional bank, large-or detection general importance (near), and second largest in New Zealand and has representation in 450 offices, branches and agencies throughout Australia and NZ.





## Professional Tuition English (K-Y12) \* Maths (K-Y12) \*Science \*Physics \*Chemistry \*Biology

Only ACE can do the following excellence for students

- 1. "Quality Tuition Time" One to One coaching on hourly rate.
- 2. "Quality Composite Program"
  - ACE Structured Program
  - Practice Exam Papers
  - Revise School Work
- strengthen basic concepts
- familiar with exam formats
- solve immediate problems

Time Session: Tuesday (4-7pm) Wednesday (4-7pm) Thursday (4-7pm)





### ACE Learning Centre

Side Hall, Danish Church 35 Hillcrest Road, Pennant Hills NSW 2120

Phone 8004 7605 for enrolment



## Guitar & Bass Lessons at school

Mike Gordon of 'The Learning Lounge' is available now at **Asquith Boys** on Fridays for guitar and bass guitar lessons. Call Mike on 0418034080 for details.





#### **DISCLAIMER**

Advertisements in this newsletter are included as a community service or a source of revenue to offset newsletter production costs. They should not in any way be seen as an endorsement or recommendation by the school.





In support of

#### To Autism Awareness Fundraiser Night

Purchase of a ticket entitles the holder to 25% off any www.princesshouse.com.au product

> Hornsby RSL Saturday August 25th 7:00PM Doors open at 6:30PM Tickets \$67

Dinner, Band, Raffles, Silent Auction. A must do to support families in need. Raffle prizes and auction items include 1975 world cup jersey valued over \$3000, Memsahib Couture & Theatrical Millinary hat valued over \$450. As well as items donated by Crabtree & Evelyn, Brown Brothers, JB Hi-Fi and

Visit www.hornsbyfunctions.com.au or Curves Hornsby to purchase a ticket Visit www.ladylovehairandmakeup.com.au for more information

Proudly sponsored by Curves Hornsby

#### SOUTHERN CROSS GULTURAL EXCHANGE

#### LEARN ABOUT YOURSELF!

As Marcel Proust, a late 19th century novelist wrote: "the real voyage of discovery consists not in seeking new landscapes but in having new eyes". Volunteer to host an international high school student in February 2013 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and to see the world in a new light.

Carefully selected students will arrive in February for one or two semesters from France, Italy, Germany, Austria, Sweden, Norway, Denmark, Finland, Japan, Canada and the U.S.A.

They will attend a local secondary school, arrive with their own spending money and comprehensive insurance cover - all arranged by Southern Cross Cultural Exchange.

Visit us at our website www.scce.com.au

Email scceaust@scce.com.au

Or call us toll free on 1800 500 501

Request our booklet of international student profiles, and capture the spirit of family and friendship.

#### WEP Student Exchange Memories and Skills for a Lifetime!

Give your child the opportunity to gain international experiences and language skills to kick-start a future Along with distinct language benefits, exchange students mature, gain confidence and develop a more worldly approach upon their return to

#### Experience the wonderful world of WEP!

Choose from over 100 programs to over 20 countries around the world to live and study for a summer, semester or year. Applications are closing at the end of August for programs departing in Jan-Feb 2013. WEP is also offering Early Bird Specials for programs departing in July-Sept 2013!

#### Find out more!

Visit www.wep.org.au and request a free information pack Attend one of WEP's information evenings Call 1300 884 733 (for the cost of a local call)

#### **Upcoming Information Evening**

#### Sydney:

25 October Level 2 / 95-99 York Street Sydney CBD



Foster Care ASSOCIATION NSW Inc.

Foster Care ASSOCIATION NSW Inc

## COME JOIN US

024387 1847

MISSION C.A.S.E

CARERS UNITE- For all NSW foster carers to unite into a powerful collective voice

ADVOCATE- To advocate on behalt at foster cares & their families. & to form strong working partnerships with government & rion-government organisations in support of a quality OOHC system.

SUPPORT: To provide peer support to foster carers, & to assist them to achieve the best possible outcomes for their toster children & families.

EDUCATE To educate foster carers & raise awareness in the general public of the vital rale of foster carers.

To provide advocacy, support a information to carers, that ensures to receive the best support from their NGOs, allowing each child in achieve their full potential.

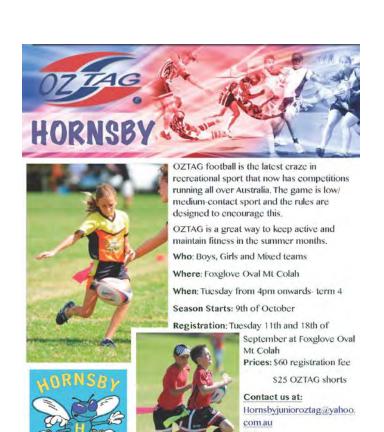
FCANSW welcomes & supports a culturally diverse community of foster carers who come from all different backgrounds & after a wealth of experience.

What unites us, is the common goal we have in raising this next generation to reach their tull potential.

Or to be posted a everybeights form contact us on (02) 4987-1847 or email







GET TAGGED YOU'LL LOVE IT"

## Hornsby Junior Touch Registrations

Boys U9s to U15s Girls U11s to U17s Competition commences 12th September Cost Child 1 \$50 - Child 2 \$45 - Child 3 \$40 please contact Carol Jones 9456 1409 asap for registrations.

Boys U17s Competition commences 10th
October
Please contact Ca rol Jones at
Hornsbytouch@hotmail.com to register your
interest



www.sydneyoztag.com.au & Call Scott Hogarth on

This summer we're looking for the next generation of bowlers, batters and catchers. There's lots of ways you can get involved in cricket with your local club, association or indoor centre.

Sign up now with your local club or find out more at...

playcricket.com.au

## Mt Colah Cricket Club

Is taking registrations for

Junior Teams

## **Senior Teams**

at Berry Park Mt. Colah

or

Online at <a href="https://www.mountcolahcc.com">www.mountcolahcc.com</a>

under the

Registration tab

## Join the Mt. Colah Mustangs

www.mountcolahcc.com mtcolahcricket@yahoo.com.au or Bruce: 0410 338 839

















#### Transitions, Body Image, Stress, Technology

#### When?

Please note all sessions are 7.00pm - 8.30pm

Wed 6th June	Greg Powell	Surviving Stress (study and exams)	Homsby
Tue 12th June	Greg Powell	Surviving Stress (study and exams)	Galston
Wed 1 <sup>st</sup> August	Angie Wilcock	Successful Transitions to High School	Hornsby
Tue 7th August	Angle Wilcock	Successful Transitions to High School	Galston
Wed 22 <sup>nd</sup> August	The Butterfly Foundation	BodyThink for Parents	Hornsby
Tue 11th September	The Butterfly Foundation	BodyThink for Parents	Galston
Tue 16th October	Reach Foundation	Understanding Social Networking - Cyber Strategies	Galston
Wed 24th October	Reach Foundation	Understanding Social Networking - Cyber Strategies	Hornsby

#### Where?

1	Hornsby	Galston
	Mission Australia – 1 Coronation Street	Community Health Centre - 17 Arcadia Road

#### Who?

Greg Powell has worked as both a clinically-trained psychologist and a primary school teacher. He is an experienced pre-seminars for both adolescent and adult groups in Northern Sydney across a variety of topics relating to parenting, education and me

Dove BodyThink for Parents has been designed to inform and educate parents about self-esteem, body image, media lite factors that influence and impact children growing up in today's world.

#### Enquiries/Bookings

Please contact CAFS (Mission Australia) on (02) 9482 1366 during business hours. Bookings are essential.

















