



**headspace**  
Chatswood



headspace Chatswood is a FREE, confidential service for 12–25 year olds. We offer youth friendly facilities and can help with:

- Mental Health and wellbeing
- Alcohol and other drug services
- Education, employment, and other services
- Sexual and general health

P: (02) 8021 3668

F: (02) 8021 7410

[headspacechatswood@newhorizons.org.au](mailto:headspacechatswood@newhorizons.org.au)

## Operational Hours

Chatswood: 30 Devonshire St, Chatswood NSW 2067

Monday: 9:30am - 7:00pm

Tuesday: 9:30am - 6:00pm

Wednesday: 9:30am - 6:00pm

Thursday: 9:30am - 6:00pm

Friday: 9:30am - 5:00pm

Saturday: 9:00am - 1:00pm (by appointment only)

Sunday: Closed

Hornsby: Mission Australia, 1 Coronation St, Hornsby NSW 2077

Wednesdays 9:30am – 5.00pm

Ryde: The Northern Centre, 3-5 Anthony Rd West Ryde NSW 2114

Thursdays 8:30am – 4:30pm

