



DRUG & ALCOHOL

FREE COUNSELLING & SUPPORT

How we can help

Odyssey House - Community Services provides services to help you face challenges that may be impacting, not only your life and health but your friends, family and wider community.

We offer free individual and group counselling, support, information and education to people who are concerned about their drug and/or alcohol use and the impact on their mental health.

Phone today and speak with our Assessment Team to find out more.

Find out more

Counselling options include:

- Face-to-face and phone Counselling
- Group Counselling, Recovery Group Programs and Specialised Groups
- Support to those recovering from both mental health and drug and alcohol issues
- Support and advocacy in accessing residential Detox and Rehabilitation programs
- Providing you with recovery information, advocacy and linking you to service providers

When

Monday to Friday, except public holidays

Where

24 Olga Street, Chatswood

Community Services: 1800 397 739

E: cssn@odysseyhouse.com.au

W: www.odysseyhouse.com.au



This service is funded by
'Sydney North Primary Health Network.'