**Referral Contact List**

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| **Organisation** | **Phone Number** | **Location** | **Description of Service** |
| **Alcohol and Drug** |
| Northern Sydney Drug and Alcohol Services | 02 9477 9567 | Hornsby Hospital Building 51, Lowe Road Hornsby 2077 | Northern Sydney Drug and Alcohol Services, counselling incl. gambling, specialist clinics. |
| Odyssey House Counselling  | 1800 397 739 (enquiries)  02 9281 5144(intake & administration)  | 12 Wentworth Street, Manly / 24 Olga Street, Chatswood  | Alcohol and other drug counselling, mental health services and family/parent support programs  |
| PALM (Ted Noffs) | 02 9305 6235 | Randwick, NSW | Residential aod treatment for 13-17 year olds |
| **Mental Health**  |
| Child and Youth Mental Health Service (Hornsby- Ku-ring-gai) | 02 9485 6155 | Level 1, Building 52 Hornsby Hospital | Community mental health service for ages 0-17 years |
| Headspace | 02 8021 3668(Chatswood) | 30 Devonshire St, Chatswood NSW 2067<https://headspace.org.au/> | Early intervention mental health service and counselling for 12-24 year olds.  |
| Karrikin – Parramatta Mission  | 02 9196 8700 | 47 Hercules StreetChatswood NSW 2067 | Mental Health services for young people ages 12-25 years residing within North Sydney |
| NSW Mental Health Line  | 1800 011 511(24/7 support) | - | Mental health intake and referral line  |
| Evie Kalilna | 0400 232 378 | eviekalina@gmail.com | Art Therapy, counselling, life coaching and addiction support. |
| **Youth Services** |
| KYDS | 02 9416 0900 | Rear, 265 Pacific Highway, Lindfield NSW 2070 (Behind Lindfield library) | Youth developmental service – such as counselling support and more |
| Mission Australia | 02 9480 2500 | 1 Coronation St, Hornsby NSW 2077 | Information and resources to parents as well as activities such as supported parenting programs and community events. |
| PCYC Hornsby/Ku-ring-gai | 02 8998 5400 | 1 Park Ln, Waitara NSW 2077 | Localised youth forcused organisation with youth focused activities |
| Street Work | 02 9419 7559 | 22 Waitara Ave, Waitara NSW 2077 | Youth Service |
| Taldumande Youth Services  | 02 9460 3777 | 168 Pacific Hwy, North Sydney NSW 2060 | Crisis accommodation and youth homelessness service  |
| **Help Lines**  |
| Australian Drug Information Network | (03) 9611 6100 | [www.adin.com.au](http://www.adin.com.au)  | Drug information network |
| Alcohol and Drug Information Service (ADIS) | 1800 422 599(24/7 support)NSW ADIS1800 250 015 | - | Counselling, support and info about alcohol and other drugs & referrals for treatment |
| Beyond blue | 1300 22 4636 | <https://www.beyondblue.org.au/> | Support, advice and information site |
| Domestic Violence Line (FACS) | 1800 656 463(24/7 support) | <https://www.facs.nsw.gov.au/domestic-violence> | Provides telephone counselling & support for women & same sex partners |
| FACS Child Protection Line | 132 111(24/7 support) | <https://www.facs.nsw.gov.au/families/Protecting-kids>  | Hotline to report suspected cases of child abuse & neglect |
| Family Drug Support (FDS) | 1300 368 186(24/7 support) | <https://www.fds.org.au/> | Helpline for families affected by alcohol and other drugs issues  |
| Kids Help Line  | 1800 551 800(24/7 support) | <https://kidshelpline.com.au/> | Telephone and online counselling for 5-25 year olds |
| [Lifeline  | 13 11 14(24/7 support) | <https://www.lifeline.org.au/> | Crisis support & suicide prevention  |
| Link2home Homelessness | 1800 152 152(24/7 support) | <https://www.facs.nsw.gov.au/view-contact?contact=1838208> | Info about homelessness services in your local area |
| Parent Line  | 1300 1300 52(9am-9pm Mon to Fri/ 4pm-9pm Sat & Sun) | <https://www.parentline.com.au/> | Support for parents & carers of 0-18 year olds |
| Reachout | - | <https://parents.au.reachout.com/> | Website support for families with range of information |